Bigfoot Fry Co Nutrition Information

BIGFOOT LOADED FRIES																				
	Serving	Calories	Total Fat	Sat Fat	Trans Fat	Chol	Sodium	Carb	Fiber	Sugars	Protein	Wheat	Soy	Peanuts	Tree Nuts	Eggs	Milk	Fish	Shellfish	Sesame
	(g)	(kcal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)									
Bacon Ranch Chili Cheese	419	1280	80	19	5	105	4050	104	0	3	37		X			X	X			
Bacon Cheeseburger	617	1380	83	24	5	170	3760	108	0	3	48					X	X			
Philly	533	1510	103	26	0	150	4040	107	0	8	49					X	X			
Chili Cheese	413	1060	58	13	5	90	2520	107	11	2	27		X				X			
Bigfoot Fries w polish saus	749	1990	140	40	5	250	5600	112	0	8	71		X			X	X			
Irish Nachos	440	1180	76	15	5	55	3200	106	0	7	23					X	X			
BIGFOOT BURRITOS																				
	Serving	Calories	Total Fat	Sat Fat	Trans Fat	Chol	Sodium	Carb	Fiber	Sugars	Protein	Wheat	Soy	Peanuts	Tree Nuts	Eggs	Milk	Fish	Shellfish	Sesame
	(g)	(kcal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)									
Bacon Cheeseburger	327	860	54	19	0	115	2300	20	1	6	37	X					X			
Bacon Ranch Chili Cheese	188	570	31	10	1.5	45	1780	17	1	2	19	X	X			X	X			
Philly	298	820	52	19	0	110	180	19	1	5	37	X				X	X			
BURGERS & DOGS																				
	Serving	Calories	Total Fat	Sat Fat	Trans Fat	Chol	Sodium	Carb	Fiber	Sugars	Protein	Wheat	Soy	Peanuts	Tree Nuts	Eggs	Milk	Fish	Shellfish	Sesame
	(g)	(kcal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)									
AB Chili Cheese Dog	172	440	29	11	1	75	1420	32	1	6	19	X	X				X			X
Corn Dog	80	230	13	3	0	40	490	21	1	6	8	X	X			X				
Half Pound Deluxe Cheeseburger	401	970	70	26	0	195	1550	35	1	8	50	X				X	X			
Half Pound Chili Cheeseburger	363	900	61	25	1,5	210	1720	34	1	5	53	X	X				X			
SHAKES																				
	Serving	Calories	Total Fat	Sat Fat	Trans Fat	Chol	Sodium	Carb	Fiber	Sugars	Protein	Wheat	Soy	Peanuts	Tree Nuts	Eggs	Milk	Fish	Shellfish	Sesame
	(g)	(kcal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)									
Reese's Peanut Butter Cups Shake	461	830	32	18	0	90	490	118	1	96	18			X			X			
Froot Loops Shake	482	1000	50	35	0	85	430	124	0	100	15	X	X				X			
Oreo Cookie Chocolate Shake	489	840	25	15	0	85	540	140	2	110	15	X	X				X			
BEVERAGES																				
	Serving	Calories	Total Fat	Sat Fat	Trans Fat	Chol	Sodium	Carb	Fiber	Sugars	Protein	Wheat	Soy	Peanuts	Tree Nuts	Eggs	Milk	Fish	Shellfish	Sesame
	(g)	(kcal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)									
20 oz Sprite (without ice)	567	240	0	0	0	0	115	61	0	61	0									
20 oz Dr Pepper (without ice)	567	230	0	0	0	0	75	65	0	65	0									
20 oz Minute Maid Lemonade (without ice)	567	230	0	0	0	0	160	60	0	57	0									
20 oz Diet Coke (without ice)	567	0	0	0	0	0	80	0	0	0	0									
20 oz Fanta Orange (without ice)	567	260	0	0	0	0	65	66	0	66	0									
20 oz Barq's Root Beer (without ice)	567	260	0	0	0	0	115	67	0	67	0									
20 oz Unsweet Iced Tea (without ice)	567	0	0	0	0	0	0	0	0	0	0									
20 oz Coca-Cola (without ice)	567	250	0	0	0	0	65	67	0	67	0									
20 oz Coca-Cola Zero (without ice)	567	0	0	0	0	0	65	0	0	0	0									